

July 2021



Independent Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30 Water Aerobics (Pool) 10:00 Yoga (CVC) 11:00 Beginner Line Dancing (CVC) 11:30 Advanced Line Dancing (CVC) 1:00 Up for Air (DC) 2:00 Tai Chi 7:00 Poker (CS)	2 9:00 Balance in Motion (CVC) 10:00 Spanish Class (HTC) 10:00 Stronger Bodies (CVC) 11:00 Gentle Stretch (CVC) 2:00 Bingo (HTC)	3 10:00 Beginners Mahjong (HTC) 1:00 Mahjong (HTC)
4 6:00 Vespers (CVC)	5 9:00 Balance in Motion (CVC) 10:00 Juice Jam (HTC) 10:00 Stronger Bodies (CVC) 11:00 Gentle Stretch (CVC) 11:00 Open Bible Study (HTC) 1:45 Duplicate Bridge (HTC) 2:00 Monday Movie Matinee: Unbroken (CVC)	6 9:00 Guided Meditation (DC) 9:00 South Park Area Shuttle (WL) 9:30 Water Aerobics (Pool) 9:30 South Park Area Shuttle (WL) 10:00 Yoga (CVC) 10:00 South Park Area Shuttle (WL) 11:00 Trivial Pursuit (HTC) 2:00 Cubigo Training (HTC) 2:00 Tai Chi	7 9:00 Balance in Motion (CVC) 10:00 Pickleball at Sharon Presbyterian 10:00 Tech Support (CS) 10:00 Stronger Bodies (CVC) 11:00 Faith and Current Events (DC) 11:00 Gentle Stretch (CVC) 2:00 Chat with Anne (STTV) 3:30 Memories to Memoirs (HTC)	8 9:30 Water Aerobics (Pool) 10:00 Yoga (CVC) 11:00 Beginner Line Dancing (CVC) 11:30 Advanced Line Dancing (CVC) 1:00 Up for Air (DC) 2:00 Tai Chi 3:00 Coke Float Party to Celebrate the 135th Birthday of Coca-Cola (HTC)	9 9:00 Balance in Motion (CVC) 10:00 Spanish Class (HTC) 10:00 Stronger Bodies (CVC) 11:00 Gentle Stretch (CVC) 2:00 Bingo (HTC)	10 10:00 Beginners Mahjong (HTC) 1:00 Mahjong (HTC)
11 3:00 Sing-Along with Susanne (HH) 6:00 Vespers (CVC)	12 9:00 Balance in Motion (CVC) 10:00 Stronger Bodies (CVC) 11:00 Gentle Stretch (CVC) 11:00 Open Bible Study (HTC) 2:00 Monday Movie Matinee: Race (CVC)	13 9:00 Guided Meditation (DC) 9:00 South Park Area Shuttle (WL) 9:30 Water Aerobics (Pool) 9:30 South Park Area Shuttle (WL) 10:00 Yoga (CVC) 10:00 South Park Area Shuttle (WL) 11:00 Trivial Pursuit (CS) 2:00 Cubigo Training (HTC) 2:00 Tai Chi	14 9:00 Balance in Motion (CVC) 10:00 Pickleball at Sharon Presbyterian 10:00 Tech Support (CS) 10:00 Stronger Bodies (CVC) 11:00 Faith and Current Events (DC) 11:00 Gentle Stretch (CVC) 11:15 Lunch Out: Southern Pecan Gulf Coast Kitchen (WL) 11:30 Tomato Sandwich Lunch (HH) 3:30 Memories to Memoirs (HTC)	15 9:30 Water Aerobics (Pool) 10:00 Knitters United (CS) 10:00 Yoga (CVC) 11:00 Beginner Line Dancing (CVC) 11:30 Advanced Line Dancing (CVC) 1:00 Up for Air (DC) 2:00 Tai Chi 3:00 Watermelon Social (HTC) 7:00 Poker (CS)	16 9:00 Balance in Motion (CVC) 10:00 Spanish Class (HTC) 10:00 Stronger Bodies (CVC) 11:00 Gentle Stretch (CVC) 2:00 Bingo (HTC)	17 10:00 Beginners Mahjong (HTC) 1:00 Mahjong (HTC)

18	19	20	21	22	23	24
6:00 Vespers (CVC)	9:00 Balance in Motion (CVC) 10:00 Audibel Hearing (CS) 10:00 Stronger Bodies (CVC) 11:00 Gentle Stretch (CVC) 11:00 Open Bible Study (HTC) 1:45 Duplicate Bridge (HTC) 2:00 Monday Movie Matinee: Eddie the Eagle (CVC)	9:00 Guided Meditation (DC) 9:00 South Park Area Shuttle (WL) 9:30 Water Aerobics (Pool) 9:30 South Park Area Shuttle (WL) 10:00 Yoga (CVC) 10:00 South Park Area Shuttle (WL) 11:00 Trivial Pursuit (CS) 2:00 Cubigo Training (HTC) 2:00 Tai Chi	9:00 Balance in Motion (CVC) 10:00 Pickleball at Sharon Presbyterian 10:00 Tech Support (CS) 10:00 Stronger Bodies (CVC) 11:00 Faith and Current Events (DC) 11:00 Gentle Stretch (CVC) 2:00 Chat with Anne (STTV) 3:30 Memories to Memoirs (HTC)	9:30 Water Aerobics (Pool) 10:00 Yoga (CVC) 11:00 Beginner Line Dancing (CVC) 11:30 Advanced Line Dancing (CVC) 1:00 Up for Air (DC) 2:00 Tai Chi	9:00 Balance in Motion (CVC) 10:00 Spanish Class (HTC) 10:00 Stronger Bodies (CVC) 11:00 Gentle Stretch (CVC) 2:00 Bingo (HTC) 4:00 Olympic Games Opening Day Around the World Social (HTC)	10:00 Beginners Mahjong (HTC) 1:00 Mahjong (HTC)
25	26	27	28	29	30	31
6:00 Vespers (CVC)	9:00 Balance in Motion (CVC) 10:00 Stronger Bodies (CVC) 11:00 Gentle Stretch (CVC) 11:00 Open Bible Study (HTC) 2:00 Monday Movie Matinee: Chariots of Fire (CVC)	9:00 Guided Meditation (DC) 9:00 South Park Area Shuttle (WL) 9:30 Water Aerobics (Pool) 9:30 South Park Area Shuttle (WL) 10:00 Yoga (CVC) 10:00 South Park Area Shuttle (WL) 11:00 Trivial Pursuit (CS) 2:00 Cubigo Training (HTC) 2:00 Tai Chi	9:00 Balance in Motion (CVC) 10:00 Pickleball at Sharon Presbyterian 10:00 Tech Support (CS) 10:00 Stronger Bodies (CVC) 11:00 Faith and Current Events (DC) 11:00 Gentle Stretch (CVC) 3:30 Memories to Memoirs (HTC)	9:30 Water Aerobics (Pool) 10:00 Yoga (CVC) 11:00 Beginner Line Dancing (CVC) 11:30 Advanced Line Dancing (CVC) 1:00 Up for Air (DC) 2:00 Tai Chi	9:00 Balance in Motion (CVC) 10:00 Spanish Class (HTC) 10:00 Stronger Bodies (CVC) 11:00 Gentle Stretch (CVC) 1:00 Book Club (CS) 2:00 Bingo (HTC)	10:00 Beginners Mahjong (HTC) 1:00 Mahjong (HTC)
					Calendar legend Sign up mandatory	Location CS Craft Studio CVC City View Clubroom DC Daniel Chapel HH Hunter Hall HTC Harris Town Center Pool Pool STTV Channel 1394 WL West Lobby